

Issue: 24

Date: 22.04.2021

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Staffordshire  
County Council

Bridgtown Primary School

# HAND IN HAND - BUILDING FOR THE FUTURE



Newsletter

## Welcome Back!

We hope you all had a lovely, relaxing Easter and have returned to school ready and eager to learn.



## Wellbeing - Diet



There is research to suggest that what we eat may affect not just our physical health, but also our mental health and well-being. Eating a well-balanced diet, rich in fruit, vegetables and nutrients may be associated with positive feelings of well-being. A well balanced diet provides all of the:



- energy you need to keep active throughout the day
- nutrients you need for growth and repair, helping you to stay strong and healthy and help to prevent diet-related illness,

### Are you eating a well-balanced diet?

Eating a healthy, balanced diet is an important part of maintaining good health, and can help you feel your best.

This means eating a wide variety of foods in the right proportions, and consuming the right amount of food and drink to achieve and maintain a healthy body weight.

For healthy meal ideas: <https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/>



**BANK HOLIDAY**

## School Closure



Please remember school will be closed on Monday 3rd May for a May Day Bank Holiday. and Thursday 6th May for Polling Day

## Drop off / Collection

We have received a number of requests from local residents asking that parents refrain from standing and waiting on the front drives of peoples homes. We ask that you are respectful of their wishes by not congregating outside a residential property.

**NO  
LOITERING  
ON THIS  
PROPERTY**

## School Lottery

Bridgtown Primary School have signed up to play in the 'Your School Lottery'. It is an exciting weekly lottery that raises money for schools in the UK. 'Your School Lottery' is a great way of raising funds for the school. Anyone within the community can sign up so please share as much as you can! The more supporters we have as a school, the more money we raise and the bigger the prizes are each week.



### How it works....

It's simple - choose 6 numbers between 0—9 and if they match the weekly draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25K jackpot! Tickets cost just £1 per week and the proceeds are donated to Bridgtown Primary School

Numbers are drawn every Saturday at 8pm and the numbers are posted online. Winners are notified by email and winning paid into the account of your choice. The easiest way to join our lottery is online by direct debit or debit card.

Our first draw is Saturday 22nd May. Go to [www.yourschoollottery.co.uk](http://www.yourschoollottery.co.uk) Type in Bridgtown Primary and follow the steps to purchase your tickets.

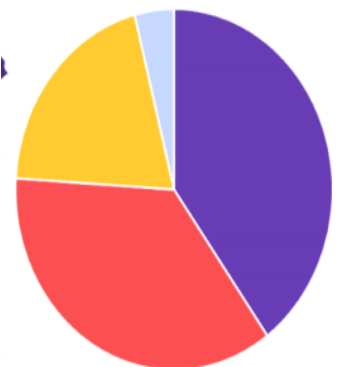
**It's so easy to join and will make a real difference to Bridgtown Primary School**

**The Maths...** 100 tickets sold a week means  
= £30 weekly cash prize  
= £2,080 a year for our school



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### Splitting the £1.00



- 40p goes to our school
- 36p goes to cash prizes
- 20p goes to admin costs
- 4p goes to VAT

## Staffordshire Warmer Homes

Staffordshire Warmer Homes is a scheme run by Staffordshire County Council, where they aim to combat fuel poverty across the county and help residents to heat their home. Staffordshire County Council is offering families who claim free school meals the chance to get free first-time central heating installed in their homes.



This scheme is completely free of charge for eligible families, however they have a limited number of families who they can help, so applications will be assessed on a first come, first serve basis.

Families could get their home fully insulated, have a free first time central heating system and brand new boiler or air source heat pump fitted in their home.

For further information: <https://www.staffordshire.gov.uk/Warmer-Homes/Staffordshire-Warmer-Homes.aspx>

Choose the option that is required to be installed at home and then make the application.

## Parental Workshop

### Brighter Beginnings: workshops for parent carers

contact For families with disabled children

*Learn from our experienced trainers in a supportive, non-judgemental space  
Hear other parents' experiences; share as much or as little of your story as you wish*

Free online workshop for parent carers hosted by Contact  
for the Staffordshire Parent Carer Forum



### How children and young people are supported with their special educational needs



Education Health and Care Plans  
and SEN Support

Tuesday 11<sup>th</sup> May 2021

19:30 – 21:30

Thursday 13<sup>th</sup> May 2021

10:00 – 12:00



### Find out what educational support is available for your child with additional needs

This online Zoom workshop will help you to understand:

- What are Special Educational Needs?
- What is the legal framework?
- What is SEN Support?
- Education, Health & Care Plans (EHCPs/EHC Plans)
- Your right to appeal
- What support is available



Find more workshops and other advice and opportunities at [www.contact.org.uk](http://www.contact.org.uk)







**Diary Dates:**

**Bank holiday**

Monday 3rd May

**Polling Day**

Thursday 6th May

**Achievement Assembly**

Friday 28th May



**Parental Workshop**

Family Support Service by SCTSP in Partnership with Staffordshire County Council

CANNOCK FREE ONLINE BEHAVIOUR & WELLBEING WORKSHOPS/PROGRAMMES

**Programmes for Parents**

4 week Programme Understanding and Managing Defiant Behaviours and Anger in Children and Young People

Start date: Thursday 22nd April 2021  
1.30-2.30pm

**Workshop for Parents**

Helping Children to develop a Positive attitude and a Growth Mind-set

Date: Monday 19th April: 10-11.30am

Helping Children to Build Self Esteem and Manage Social Anxiety

Date: Monday 17th May: 1-2.30pm

To book your place please email your name, date of programme and telephone number to [raminderdhalwal.fss@sctsp.org.uk](mailto:raminderdhalwal.fss@sctsp.org.uk) or text/phone with your name, date of programme and email address to [07741645691](tel:07741645691). Once you have booked onto you will be sent instructions on how to access the Workshop/Programme.

**School Meals**

An email of the new menu has been emailed out to all parents by the catering company, Dolce, please check your emails. Can all parents ensure that your child's meals are ordered and paid for in advance. This helps the kitchen staff prepare what is necessary, avoiding any waste and disappointment.



**Attendance**



Good attendance at school is not just beneficial, it's essential. Attending school is directly linked to improved exam performance which should in turn lead to further learning opportunities and better job prospects. Therefore setting good **attendance** patterns from an early age, from nursery through primary school, will help your child later on in their life.

The whole school attendance figures for the week , 29 03.21 - 01.04.21, was 90.3% . Congratulations to **4LB** for achieving the highest attendance.

Class	%		%
Blue	93.7	Green	94.6
Purple	86.9	Orange	92.9
Red	88	Yellow	94.3
3DB	88.6	3MO	85.9
<b>4LB</b>	<b>95.1</b>	4HS	86.1
5HT	87.5	5/6AR	85.5
6SH	94.2		

